

## PLAYING THE LONG GAME, THE GROWTH THAT COMES FROM SUFFERING, AND HOW TO CONNECT WITH MENTORS

In this episode of the L3 Leadership Podcast, Doug is interviewed by David McGlennen and talks about the impact of encouragement on young leaders, how growth requires endurance, and how suffering has played a role in developing as a leader.

## **ABOUT DOUG SMITH:**

Doug Smith is the Director of Development at Light of Life Rescue Mission and Founder and CEO of L3 Leadership. He is the author of his eBook, "Making the Most of Mentoring", a step-by-step guide to help you build and cultivate relationships with mentors. He blogs at dougsmithlive.com, he is the host of the L3 Leadership podcast, and he is a sought-after public speaker. He is married to his high school sweetheart, Laura, who currently works as an Account Executive at Ivalua. Together, they love family, personal growth, travel, working out, and serving others.

## **4 KEY TAKEAWAYS:**

1. Doug dives into the significance of endurance, patience, and the necessity of a long-term mindset in attaining leadership growth.

2. He also uncovers the importance of "being in the arena" and how daily growth practices can lead to personal development.

3. Furthermore, we explore the role of mastermind groups in fostering personal growth and leadership.

4. We discuss the power of self-reflection and placing trust in God's timing.

"You are one idea and one connection away from changing your destiny." - Doug Smith

