



THE  
L3 LEADERSHIP PODCAST  
WITH DOUG SMITH

# LIVING FEARLESS

[L3Leadership.org/374](https://L3Leadership.org/374)



## ABOUT JAMIE WINSHIP:

Jamie Winship has decades of experience bringing peaceful solutions to areas of the world that experience the highest levels of conflict.

After a distinguished career in law enforcement in the metro Washington DC area, Jamie had a unique opportunity to bring his identity-centric approach of transformation to the field of education. He earned an MA in English and accepted a position at a university in Indonesia. Jamie developed a unique language acquisition program based on this premise: identity transformation is the key to acquiring new levels of learning in any field. His work drew the attention of Fulbright and other educational institutions which extended his work worldwide over the past several decades.

Jamie has worked with leaders in professional sports, business, education, law enforcement, government, non-profit, and other sectors.

Jamie and his wife, Donna, are co-founders of Identity Exchange, a training and consulting agency that helps individuals and teams discover new levels of creativity and resiliency within the framework of true identity.

## 4 KEY TAKEAWAYS:

In this episode of the L3 Leadership podcast, Jamie Winship shares a wild story of how he solved a crime, why living out of our true identity enables us to live a fearless life, and more.

1. Jamie talks about his law enforcement career, from being a police officer to working in the CIA.
2. He shares a story that demonstrates the power of prayer.
3. Identity can influence your life significantly, and Jamie shares his thoughts on this.
4. Jamie talks about how negative emotions get in the way of wholeness.

**“Production is the result, it’s not the goal.”**  
- Jamie Winship

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