



## MY FAVORITE TOOLS, RESOURCES, AND HACKS TO MAKE YOU GO FURTHER, FASTER

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### ABOUT DOUG:

Doug Smith is the Director of Development at Light of Life Rescue Mission and Founder and CEO of L3 Leadership. He is the author of his eBook, "Making the Most of Mentoring", a step by step guide to help you build and cultivate relationships with mentors. He blogs at dougsmithlive.com, he is host of the L3 Leadership podcast, and he is a sought after public speaker. He is married to his high school sweetheart, Laura, who currently works as an Account Executive at Ivalua. Together, they love family, personal growth, travel, working out, and serving others.

### 6 KEY TAKEAWAYS:

In this episode of the L3 Leadership podcast, Doug shares all of his favorite tools, services, and resources that have helped him go further and faster in every aspect of his life both personally and professionally.

1. Doug shares some resources that he found helpful in his marriage, parenting, and family in general.
2. He shares some of his favorite resources for journaling.
3. Doug talks about some useful financial tools and the 7 Baby Steps that have helped him go further with his finances.
4. He shares his favorite resources for traveling.
5. He covers resources for both physical and spiritual wellbeing.
6. Doug talks about various work-related hacks and resources that help

**"I love finding out about new services, products and resources to help my life to help my life get better and then I'm very passionate about sharing those with others."**

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