



# THE L3 LEADERSHIP PODCAST WITH DOUG SMITH



## DR. HENRY CLOUD ON LEADERSHIP, WRITING, AND THE IMPORTANCE OF COACHING

[L3Leadership.org/332](https://L3Leadership.org/332)

### ABOUT DR. CLOUD

Dr. Cloud is an acclaimed leadership expert, psychologist, and best-selling author. He draws on his extensive experience in business, leadership consulting, and clinical psychology, to impart practical and effective advice for improving leadership skills and business performance.

In his leadership consulting practice, Dr. Cloud works with Fortune 500 companies and smaller private businesses alike. He has an extensive executive coaching background, and experience as a leadership consultant, devoting the majority of his time working with CEO's, leadership teams and executives to improve performance, leadership skills, and culture.

His experience includes three decades as a consultant, and as an entrepreneur, he started and grew a successful chain of treatment centers in over 40 cities across the western United States. His experience running a business of this magnitude lends credibility to his expertise on leadership matters in the companies with which he works.

As a speaker, Dr. Cloud has shared the stage with many business and global leaders and experts, such as Tony Blair, Jack Welch, Condoleezza Rice, Desmond Tutu, Marcus Buckingham, and others.

Dr. Cloud is a graduate of Southern Methodist University, with a B.S. in psychology. He completed his Ph.D. in clinical psychology at Biola University and his clinical internship at Los Angeles County Department of Mental Health. His philanthropic interests lie in homelessness in the inner city, as well as missions in the developing world.

### 4 KEY TAKEAWAYS:

In this episode of the L3 Leadership podcast, Doug interviews Dr. Henry Cloud. In the interview, they walk through the leadership principles taught in three of Dr. Cloud's books, they talk about Dr. Cloud's process for writing books and his advice for aspiring authors, his advice for young leaders, and the importance of coaching for leaders.

1. Dr. Cloud discusses his book, Changes that Heal.
2. He talks about 4 corner relationships and what those look like in one's life.
3. Dr. Cloud gives advice to aspiring writers.
4. He discusses why he coaches others and why he feels that people need coaching.

**“Learn how to be autonomous”.**  
– Dr. Cloud

CONNECT WITH DR. CLOUD: [DrCloud.com](https://DrCloud.com)



Instagram



Facebook



Twitter

Thanks for tuning into this week's episode of the L3 Leadership Podcast. If you enjoyed this episode, please head over to Apple Podcasts, Stitcher, or Google Play to subscribe and leave us a rating and review.