



LESSONS I'M LEARNING AT 37 YEARS OLD

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ABOUT DOUG:

Doug Smith is the Director of Development at Light of Life Rescue Mission and Founder and CEO of L3 Leadership. He is the author of his eBook, "Making the Most of Mentoring", a step by step guide to help you build and cultivate relationships with mentors. He blogs at dougsmithlive.com, he is host of the L3 Leadership podcast, and he is a sought after public speaker. He is married to his high school sweetheart, Laura, who currently works as an Account Executive at Ivalua. Together, they love family, personal growth, travel, working out, and serving others.

4 KEY TAKEAWAYS:

1. Doug shares an exciting announcement!
2. He reflects upon what getting older means to him.
3. Doug talks about goals he came away with from a spiritual retreat.
4. He emphasizes the importance of marriage, family, and legacy.

**"Getting older is a gift."
- Doug Smith**

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